

I lift my eyes to the mountains

Psalm 121

Jerusalem Bible
(adapted)

Andrew Wilson-Dickson

Buoyant (♩ = ♩ throughout)

Choir or Cantor

Congregation

Keyboard

p

3

lift my eyes to the mount-ains:

I lift my eyes to the mount-ains:

I lift my eyes to the mountains 2

5

where is help to come from?

where is help to come from?

mf

Detailed description: This system contains measures 5 and 6. It features a vocal line and a piano accompaniment. The vocal line starts with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The lyrics 'where is help to come from?' are written under the vocal line. The piano accompaniment consists of a right-hand part with chords and a left-hand part with a simple bass line. A dynamic marking of *mf* is placed above the piano part. Measure numbers 5 and 6 are indicated at the beginning and end of the system.

7

My help comes from the Lord,

My help comes from the Lord,

Detailed description: This system contains measures 7 and 8. The time signature changes to 12/8. The vocal line continues with the lyrics 'My help comes from the Lord,'. The piano accompaniment features a more active right-hand part with eighth-note patterns and a steady bass line. Measure numbers 7 and 8 are indicated at the beginning and end of the system.

9

who made heav'n and earth.

who made heav'n and earth.

p very light

Detailed description: This system contains measures 9, 10, 11, and 12. The time signature changes to 9/8 for measures 9 and 10, and then to 2/4 for measures 11 and 12. The vocal line concludes with the lyrics 'who made heav'n and earth.'. The piano accompaniment includes a dynamic marking of *p very light* in measure 11. Measure numbers 9, 10, 11, and 12 are indicated at the beginning and end of the system.

I lift my eyes to the mountains 3

13

No let-ting our foot-steps slip!

No let-ting our foot-steps slip!

17

This guard of yours, he does not

This guard of yours,

20

doze! The guard - ian of

he does not doze!

pp

I lift my eyes to the mountains 4

25

Is - rael does not doze or sleep.

The guard - ian of Is - rael does not doze or

30

The Lord guards you and shades you.

sleep. The

p

32

And with God at your right hand,

Lord guards you and shades you.

mf

I lift my eyes to the mountains 5

34

The sun can-not strike you by day,
And with God at your right hand,

This system contains measures 34 and 35. It features a vocal line and a piano accompaniment. The key signature is one sharp (F#). Measure 34 starts with a whole rest in the vocal line, followed by a 12/8 time signature change. The piano accompaniment consists of chords in the right hand and a bass line in the left hand.

36

nor moon at night.
The sun can-not strike you by day, nor moon at

This system contains measures 36, 37, and 38. The key signature remains one sharp. Measure 36 begins with a 9/8 time signature change. Measure 37 continues with a 6/8 time signature change. Measure 38 concludes with a 4/4 time signature change. The piano accompaniment features a flowing eighth-note pattern in the right hand and a steady bass line in the left hand.

39

Slower

The Lord guards you from harm,
night. The Lord guards you from

p
p legato

This system contains measures 39, 40, and 41. The key signature is one sharp and the time signature is 4/4. The tempo marking "Slower" is indicated above measure 39. The piano part is marked *p legato*. The vocal line is marked *p*. The piano accompaniment features a slow, steady eighth-note bass line and chords in the right hand.

I lift my eyes to the mountains 6

42

he guards you leav - ing, and com - ing
harm, he guards you leav - ing,

p

Detailed description: This system contains measures 42, 43, and 44. It features a vocal line with lyrics and a piano accompaniment. The key signature is one sharp (F#), and the time signature is 3/4. The piano part includes a dynamic marking of *p* (piano) and a hairpin crescendo over measures 42 and 43.

45

back, now and for al - ways, now and for
and com - ing back, now and for

Detailed description: This system contains measures 45, 46, and 47. It features a vocal line with lyrics and a piano accompaniment. The key signature is one sharp (F#). The time signature changes from 3/4 to 9/8 in measure 45 and back to 3/4 in measure 47. The piano part features a steady eighth-note accompaniment.

48 **get slower**

al - ways, al - ways, al - ways.
al - ways, al - ways, al - ways.

Detailed description: This system contains measures 48, 49, and 50. It features a vocal line with lyrics and a piano accompaniment. The key signature is one sharp (F#). The tempo instruction "get slower" is indicated at the beginning of measure 48. The piano part features a steady eighth-note accompaniment that concludes with a final chord in measure 50.

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Buoyant (♩ = ♩ throughout)

CANTOR CONG.

I lift my eyes to the mount-ains: I

4 CANTOR CONG.
lift my eyes to the mount-ains: where is help to come from? where is help to come from?

7 CANTOR CONG.
My help comes from the Lord, My help comes from the Lord,

9 CANTOR CONG.
who made heav'n and earth. who made heav'n and earth.

12 CANTOR CONG.
No let-ting our foot-steps slip! No let-ting our foot-steps slip!

17 CANTOR CONG. CANTOR CONG.
This guard of yours, This guard of yours, he does not doze! he does not doze!

22 CANTOR
The guard - ian of Is - rael does not doze or sleep.

27 CONG. CANTOR
The guard - ian of Is - rael does not doze or sleep. The

I lift my eyes to the mountains 2

31 CONG.
Lord guards you and shades you. The Lord guards you and shades you.

33 CANTOR CONG.
And with God at your right hand, And with God at your right hand,

35 CANTOR CONG.
The sun can-not strike you by day, The sun can-not strike you by day,

37 CANTOR CONG.
nor moon at night. nor moon at

39 Slower CANTOR *p* CONG.
night. The Lord guards you from harm, The Lord guards you from

42 CANTOR CONG. CANTOR
harm, he guards you leav - ing, he guards you leav - ing, and com - ing

45 CONG. CANTOR CONG.
back, and com - ing back, now and for al - ways, now and for

48 get slower CANTOR CONG.
al - ways, al - ways, al - ways.

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Buoyant (♩ = ♪ throughout)

Em Am Em Am Em Am Em Am Em Am Em Am

I lift my eyes to the mount-ains: I

4 Em Am Em Am G A Bm G A Bm

lift my eyes to the mount-ains: where is help to come from? where is help to come from?

7 Am Em D C Am Em D C

My help comes from the Lord, My help comes from the Lord,

9 Am A7 Em7 A7 Am Em Am

who made heav'n and earth. who made heav'n and earth.

12 Em Am Em Am Em Am Em Am Em Am

No let-ting our foot-steps slip! No let-ting our foot-steps slip!

17 Em Am Em Am Em Am Em A Dm G A Dm Em

This guard of yours, This guard of yours, he does not doze! he does not doze!

22 Dm Em Dm Em Dm Em Dm Em Dm Em

The guard-ian of Is-rael does not doze or sleep.

27 Dm Em Dm Em Dm Em Dm Am Em Am

The guard-ian of Is-rael does not doze or sleep. The

I lift my eyes to the mountains 2

31 Em Am Em Am Em Am Em Am

Lord guards you and shades you. The Lord guards you and shades you.

33 G A Bm G A Bm

And with God at your right hand, And with God at your right hand,

35 Am Em D C Am Em D C

The sun can-not strike you by day, The sun can-not strike you by day,

37 Am A7 Em7 A7 Am

nor moon at night. nor moon at

39 Slower top strings only C D Em *p* D C D Em D C D Em Em7

night. The Lord guards you from harm, The Lord guards you from

42 A Dm Dm/A A7 Dm G7 A Dm G7

harm, he guards you leav - ing, he guards you leav - ing, and com - ing

45 C Dm G7 C A7 Am Em Em7 A7 Am

back, and com - ing back, now and for al - ways, now and for

48 get slower Em Am Em Am E

al - ways, al - ways, al - ways.

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